



The Messenger of Allah SAW said: "There is no transmission of disease (without the permission of Allah), there should be no superstitious beliefs in bird omens, there is no *haamah*\* & there should be no superstitious beliefs regarding the month of Safar. However, you should flee from the leper as you would flee from a lion." (Bukhari & Muslim)



## Superstition and the weak mind

*Safar* is like any other month which have no influence on good or bad decree. Everything is determined by Allah so we must place our trust in Allah alone and not pay attention to uncertainty. Delving into unknown causes create weakness in the mind & lead to unnecessary stress.

*\*In the Hadith quoted above, Haamah refers to a Jahili Arab tradition described variously. Such as: A worm that infests the grave of a murder victim until he is avenged; an owl; or the bones of a dead person turned into a bird that could fly. All of these are false beliefs.*

We cannot know the future with certainty and must never consult fortune-tellers. We take expert advice when required, we make *dua* and ask our needs from Allah, we perform *istikhara* to seek goodness from Allah, we keep striving and making effort, and we leave the rest to Allah. The World is not a Paradise where all our desired get fulfilled. If one's plans fail, be satisfied with the decree of Allah and move on! That's the way of *tawakkul*.

Like the future is uncertain, the causes of past calamities may also be uncertain. It is unhealthy to deliberately relive what has gone on in our lives and risk cementing those thoughts in our minds. Many a times, our thoughts are speculative and there is no way of determining what caused our problems. We can reflect & learn from mistakes, make amends & repent, build on achievements & keep thanking Allah for blessing us more often than trialling us.

The Messenger of Allah SAW said, **"A strong believer is better and dearer to Allah than a weak one, and both are good. Adhere to that which is beneficial for you. Keep asking Allah for help and do not falter. If you are afflicted in any way, do not say: 'If I had taken this or that step, it would have resulted into such and such,' but say only: 'Allah so determined and did as He willed. ' The word 'if' opens the gates of satanic thoughts."**

## Make A Child A Hafidh.

Help a child memorise the Holy Qur'an from just £15 a month.



 **ummah**  
welfare trust

100% DONATIONS POLICY

01204 661 030

0800 4 0800 11

UWT.ORG

Charity Registration No. 1000851



SCAN TO  
DONATE


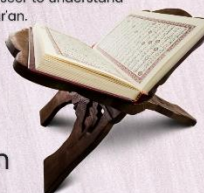
Date			Beginning Times					Jama'ah Times			
DAY	DATE	ISLAMIC	FAJR	SUNRISE	DHUHR	ASR	ISHA	FAJR	ASR	MAGHRIB	ISHA
Thu	1	25	2:32	5:24	1:11	6:23	10:02	4:30	7:30	8:53	10:20
Fri	2	26	2:37	5:26	1:11	6:22	10:00	"	"	8:51	"
<b>Sat</b>	<b>3</b>	<b>27</b>	<b>2:41</b>	<b>5:27</b>	<b>1:11</b>	<b>6:21</b>	<b>9:59</b>	<b>4:45</b>	<b>7:15</b>	<b>8:49</b>	<b>10:10</b>
Sun	4	28	2:45	5:29	1:11	6:20	9:58	"	"	8:48	"
Mon	5	29	2:48	5:30	1:11	6:19	9:56	"	"	8:46	"
Tue	6	1	2:52	5:32	1:11	6:18	9:55	"	"	8:44	"
Wed	7	2	2:56	5:33	1:11	6:16	9:53	"	"	8:42	"
Thu	8	3	2:59	5:35	1:11	6:15	9:52	"	"	8:40	"
Fri	9	4	3:03	5:36	1:11	6:14	9:50	"	"	8:38	"
<b>Sat</b>	<b>10</b>	<b>5</b>	<b>3:06</b>	<b>5:38</b>	<b>1:10</b>	<b>6:13</b>	<b>9:50</b>	<b>4:45</b>	<b>7:00</b>	<b>8:37</b>	<b>10:00</b>
Sun	11	6	3:09	5:40	1:10	6:11	9:48	"	"	8:35	"
Mon	12	7	3:13	5:41	1:10	6:10	9:47	"	"	8:33	"
Tue	13	8	3:16	5:43	1:10	6:09	9:45	"	"	8:31	"
Wed	14	9	3:19	5:44	1:10	6:07	9:44	"	"	8:29	"
Thu	15	10	3:22	5:46	1:09	6:06	9:42	"	"	8:27	"
Fri	16	11	3:25	5:48	1:09	6:05	9:41	"	"	8:25	"
<b>Sat</b>	<b>17</b>	<b>12</b>	<b>3:28</b>	<b>5:49</b>	<b>1:09</b>	<b>6:03</b>	<b>9:39</b>	<b>5:00</b>	<b>6:45</b>	<b>8:23</b>	<b>10:00</b>
Sun	18	13	3:31	5:51	1:09	6:02	9:38	"	"	8:21	"
Mon	19	14	3:34	5:52	1:09	6:00	9:36	"	"	8:19	"
Tue	20	15	3:37	5:54	1:08	5:59	9:35	"	"	8:17	"
Wed	21	16	3:40	5:56	1:08	5:57	9:33	"	"	8:15	"
Thu	22	17	3:42	5:57	1:08	5:56	9:31	"	"	8:12	"
Fri	23	18	3:45	5:59	1:08	5:54	9:30	"	"	8:10	"
<b>Sat</b>	<b>24</b>	<b>19</b>	<b>3:48</b>	<b>6:00</b>	<b>1:07</b>	<b>5:53</b>	<b>9:28</b>	<b>5:15</b>	<b>6:30</b>	<b>8:08</b>	<b>9:45</b>
Sun	25	20	3:50	6:02	1:07	5:51	9:27	"	"	8:06	"
Mon	26	21	3:53	6:04	1:07	5:49	9:25	"	"	8:04	"
Tue	27	22	3:56	6:05	1:06	5:48	9:24	"	"	8:02	"
Wed	28	23	3:58	6:07	1:06	5:46	9:21	"	"	7:59	"
Thu	29	24	4:01	6:08	1:06	5:44	9:20	"	"	7:57	"
Fri	30	25	4:03	6:10	1:06	5:43	9:18	"	"	7:55	"
<b>Sat</b>	<b>31</b>	<b>26</b>	<b>4:05</b>	<b>6:12</b>	<b>1:05</b>	<b>5:41</b>	<b>9:17</b>	<b>5:30</b>	<b>6:15</b>	<b>7:53</b>	<b>9:30</b>

Dhuhr Jama`ah **1:30**

First Jumu`ah **1:25**  
 Second Jumu`ah **2:20**


Islamic dates are subject to regional moonsighting reports.  
 Asr time ends 5 minutes before the published Maghrib time.  
 Isha beginning time is speculative – based on 1/7x night portions.  
 Jama'ah times may be adjusted if a need arises.

**Tafseer of Juz Amma**  
 By Imam Mohammed  
 Weekly lessons of tafseer to understand the last Juz of the Qur'an.  
**Every Saturday After Asr Salaah**  
 Live Stream:  
 (\*\*) <http://livemesjid.net/masjidabubakr.mp3>  
 Receiver/Radio: 446.325 Mhz

**Advanced Course for 13+ Boys and Girls**

Islamic Diploma Course



## Organise like the universe

*Allah has provided us with countless constants in the universe, we should apply such organisation in our lives – By Shaykh Ali Hammuda*

Islam nurtures the most noble qualities & esteemed traits within humanity – such as systematic behaviour, & regulation in every life, while discouraging disorder, randomness, & chaos. Observing the divine laws – both natural & religious – reveals a major emphasis on these traits.

### Universe has total accuracy

Allah SWT has created the universe & imbued it with immense order, saying: **“He to whom belongs the dominion of the Heavens & the Earth & who has not taken a son & has not had a partner in dominion & has created each thing & determined it with precise determination.”** [Qur’ān, 25:2]

He created planets that move at precise speeds within defined orbits, towards clear goals which they never exceed. Allah says, **“It is not allowable for the Sun to reach the Moon, nor does the night overtake the day, but they all float, each within an orbit.”** [Qur’ān, 36:40]

In fact, this law of order extends to all of Allah’s creation. He says, **“And everything with Him is by due measure.”** [Qur’ān, 13:8]

The Earth is precisely distanced from the Sun. Any further distance would cause temperatures to plummet, disrupting the water cycle & plunging the planet into an ice age. Any closer would cause excessive heat, destroying plant life, damaging the water cycle, & making life untenable.

If gravity was any stronger, excessive ammonia & methane would accumulate in Earth’s atmosphere, severely damaging life. If gravity were weaker, Earth would lose substantial amounts of water, rendering life unsustainable.

An overly thick ozone layer would drastically lower temperatures, whereas a thinner layer would leave Earth overheated & vulnerable to the Sun’s harmful ultraviolet rays.

If the Earth’s crust was thicker, it would absorb too much oxygen from the atmosphere, whereas a thinner crust would lead to excessive volcanic activity – both scenarios making life unviable.

A slower rotation of the Earth would cause extreme temperature variations between day & night, while a faster rotation would result in devastating atmospheric winds, & storms.

The Earth’s axial tilt of 23 degrees is essential for the seasonal cycle. Any deviation from this angle would lead to extreme temperature variations, with scorching summers & extreme winters.

Allah declares, **“It is the work of Allah who perfected all things.”** [Qur’ān, 27:88]

Turning to the laws of Allah within Islam, we observe the exact same phenomena: laws that are meticulously ordered, regulated, & systematised.

Allah says, **“All praise is due to Allah, Who has sent down upon His Servant the Book & has not made within it any crookedness.”** [Qur’ān, 18:1] & He says, **“A Book whose verses are perfected & then presented in detail by One who is All-Wise & All-Aware.”** [Qur’ān, 11:1]

### Our worship has been perfected

In Salah, we find that their prescribed times are of precise order. From dawn break to the sun passing its zenith; from the length of shadows to the setting of the sun; then finally the disappearance of the afterglow. All of this is a tremendous display of order & precise regulation!

The Prophet SAW said, **“Straighten your rows, align your shoulders, close the gaps, & be gentle with your brothers’ hands. Do not leave gaps for the Devil. Whoever connects a row, Allah will connect him; & whoever cuts off a row, Allah will cut him off.”** [Abu Dāwūd]

The Prophet SAW said, **“The Imam is appointed to be followed. When he says ‘Allahu Akbar’, you say it too; when he bows, you bow; & when he stands up, you also stand up.”** [Bukhārī]

Moments before prayer in Makkah, as you gaze upon tens of thousands gathered, you wonder how anyone could organise such a crowd. Yet, just ten seconds into the call to prayer, every single person is standing in line, enveloped in total silence, all following a single Imam in prayer!

When fasting, Muslims are instructed to abstain from food, drink, & marital relations from the exact moment of

dawn, & are allowed to resume these at the exact moment of sunset.

In Hajj rituals, pilgrims perform seven circuits of circumambulation around the Ka’bah, starting & ending at the Black Stone. Similarly, the ritual walk between the hills of Safa & Marwa consists of seven rounds, starting at Safa & concluding at Marwa. The pelting of the Jamarāt involves a precise sequence: starting with the smallest pillar, & finishing with the largest.

Islamic laws governing commercial transactions, agriculture, business ventures, or even marital issues, the penal code, as well as in warfare, peace processes, & arbitration are all characterised by their exceptional orderliness & intricate structuring.

Islam clearly defines the roles of prophets & messengers, males & females, husbands & wives, even animals.

Consider the orderly duties assigned to angels; some are tasked with managing rain, while others record human deeds. Certain angels are responsible for instilling life into foetuses, & others for retrieving souls at the time of death. Additionally, there are angels designated as gatekeepers of Paradise & Hell, & others who handle tasks like revelation & overseeing mountains.

Nothing is left to chance or disarray!

### Are we living in an orderly fashion?

There you have it: a universe & a way of life built upon order & structure, designed to steer us away from chaos, disorder, & randomness.

With this framing, we are now poised to ask: are our lives honestly characterised by such deliberate organisation?

- **Start by identifying Paradise as your long-term objective.**
- **Turn to yourself in an honest assessment of what you are, what you are not, & what you can be.**
- **Immerse yourself in an Islamic project that uniquely engages you via thoughts & efforts – something that defines your daily pursuits with family, friends, colleagues, & the Ummah.**



## Activity

## Names Of Allah

Match the names of Allah with their meanings

Ar-Rahman	As-Samee'	The Mighty	The Sustainer
Al-Ghafoor	Al-Baseer	The Most Forgiving	The Most Just
Al-Malik	Al-'Aleem	The Most Powerful	The All Hearing
Ar-Razzaq	Al-Hakeem	The Most Loving	The Creator
Al-Qadir	Al-Adl	The Most Merciful	The King
As-Samad	Al-Khaliq	The All Seeing	The All Wise
Al-Wadud	Al-'Azeez	The Independent	The All Knowing

## YOUR AD HERE

**Do you run a service or own a business beneficial for the local Muslim community?**

Email [info@masjidabubakr.co.uk](mailto:info@masjidabubakr.co.uk) to enquire about sponsoring.



**IBADAH TOURS**

SPECIALISTS IN UMRAH, MASJID AL AQSA & ISLAMIC HERITAGE TOURS

www.ibadahtours.com  
0208 004 6786  
info@ibadahtours.com  
+447506408585  
WhatsApp Business

## AL-BAHISHT

HAJJ & UMRAH TOURS

- Hajj and Umrah Specialist
- Worldwide Flights
- Islamic Tours
- Halal Holidays
- Visa Services



MAIN OFFICE:  
183 HIGH STREET  
LONDON E17 7BX  
Tel: 020 8518 7188  
Email: [albahisht@yahoo.co.uk](mailto:albahisht@yahoo.co.uk)  
Website: [www.albahisht.co.uk](http://www.albahisht.co.uk)

Trading name of Datafine Ltd



## NOOR.

ISLAMIC LIFESTYLE

### NEW LOCAL ISLAMIC SHOP

BOOKS - PERFUME - HIJABS - ABAYAS - JUBAS AND MORE

Address:  
110A  
High street Walthamstow  
E17 7JY  
Opposite Sainsbury's

Telephone Number:  
02035619956

## JDB Carpets

For all kind of flooring



07817 251599

[khanraja.khan06@gmail.com](mailto:khanraja.khan06@gmail.com)

## The Textile Centre Ltd

Discount Store

www.cosyhomebargains.co.uk 020 8521 2028



DISCOUNT BEDDING & FABRICS  
223-225 HIGH STREET

**SPECIAL OFFER FOR SYRIA**



## BARKAT

DECOR - CATERING - VENUES



02085099540  
[barkatcatering.co.uk](http://barkatcatering.co.uk)



SCAN ME

Please set up a Standing Order

Masjid Abu Bakr, Account Number: 6847 4199 (NatWest), Sort Code: 60-22-23, Reference: Donation