



Allah's Messenger SAW used to command people to marry and sternly discourage staying single and would say, "Marry those who are caring and nurturing, for I shall take pride before other Prophets in your numbers on the Day of Resurrection." (Ahmed)



Marriage

The Prophet of Allah SAW said, "There is no celibacy in Islam" [Bukhari]. However, it is not always possible to adopt the Sunnah of marriage. There are situations in life that do not allow one to get married.

If a person who wishes to marry does not possess the means, what should he do? Abdullah RA narrates that, "We were with the Prophet SAW while we were young and had no wealth whatsoever. So Allah's Apostle SAW said, "O young people! Whoever amongst you can marry, should marry, because it helps him lower his gaze and guard his modesty, and whoever is not able to marry, should fast, as fasting is a shield for him (from desires)." [Bukhari]

A person who cannot marry should fast as the fasting will act as a shield for him from his desires. However, during this phase, one should make an effort to resolve the issues that are stopping one from marrying.

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A man should marry if he is able to provide basic essentials for a wife. Having an elegant and extravagant wedding and inviting people is not part of 'essentials' and is in fact totally discouraged in Islam.

May Allah give us all the courage and strength to save ourselves from the sins of desires and may He also provide pious spouses to those who are seeking marriage.

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Date			Beginning Times					Jama'ah Times			
DAY	DATE	ISLAMIC	FAJR	SUNRISE	DHUHR	ASR	ISHA	FAJR	ASR	MAGHRIB	ISHA
Tue	1	27	5:09	7:01	12:55	4:42	8:08	6:15	5:15	6:42	8:45
Wed	2	28	5:11	7:03	12:54	4:40	8:06	"	"	6:39	"
Thu	3	29	5:13	7:05	12:54	4:38	8:04	"	"	6:37	"
Fri	4	30	5:15	7:06	12:54	4:36	8:01	"	"	6:35	"
Sat	5	1	5:16	7:08	12:53	4:34	7:59	6:15	5:00	6:33	8:30
Sun	6	2	5:18	7:10	12:53	4:32	7:57	"	"	6:30	"
Mon	7	3	5:20	7:11	12:53	4:30	7:55	"	"	6:28	"
Tue	8	4	5:22	7:13	12:52	4:28	7:52	"	"	6:26	"
Wed	9	5	5:23	7:15	12:52	4:26	7:50	"	"	6:24	"
Thu	10	6	5:25	7:16	12:52	4:24	7:48	"	"	6:22	"
Fri	11	7	5:27	7:18	12:52	4:22	7:46	"	"	6:19	"
Sat	12	8	5:28	7:20	12:51	4:20	7:44	6:30	4:40	6:17	8:15
Sun	13	9	5:30	7:21	12:51	4:18	7:42	"	"	6:15	"
Mon	14	10	5:32	7:23	12:51	4:16	7:40	"	"	6:13	"
Tue	15	11	5:33	7:25	12:51	4:14	7:37	"	"	6:11	"
Wed	16	12	5:35	7:27	12:51	4:12	7:35	"	"	6:09	"
Thu	17	13	5:37	7:28	12:50	4:10	7:33	"	"	6:07	"
Fri	18	14	5:38	7:30	12:50	4:08	7:31	"	"	6:04	"
Sat	19	15	5:40	7:32	12:50	4:07	7:29	6:45	4:20	6:02	8:00
Sun	20	16	5:42	7:33	12:50	4:05	7:27	"	"	6:00	"
Mon	21	17	5:43	7:35	12:50	4:03	7:26	"	"	5:58	"
Tue	22	18	5:45	7:37	12:49	4:01	7:24	"	"	5:56	"
Wed	23	19	5:47	7:39	12:49	3:59	7:22	"	"	5:54	"
Thu	24	20	5:48	7:40	12:49	3:57	7:20	"	"	5:52	"
Fri	25	21	5:50	7:42	12:49	3:55	7:18	"	"	5:50	"
Sat	26	22	5:51	7:44	12:49	3:54	7:16	"	"	5:48	"
Sun	27	23	4:53	6:46	11:49	2:52	6:15	6:00	3:15	4:46	7:45
Mon	28	24	4:55	6:47	11:49	2:50	6:13	"	"	4:44	"
Tue	29	25	4:56	6:49	11:49	2:48	6:11	"	"	4:43	"
Wed	30	26	4:58	6:51	11:49	2:47	6:09	"	"	4:41	"
Thu	31	27	4:59	6:53	11:49	2:45	6:08	"	"	4:39	"

Dhuhr Jama`ah	1:30
From 27th	1:00
First Jumu`ah	1:25
Second Jumu`ah	2:20

Islamic dates are subject to regional moonsighting reports.
Asr time ends 5 minutes before the published Maghrib time.

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U. Zakariyya Pathan

Tafsir of Surah Mulk
Wednesday 6:00-7:30
U. Mohammed Moreea





Thank your parents and others, even in tough times.

BY SHAYKH DR. HAITHAM AL-HADDAD

After Allah’s decree and permission, your parents are the main reason for your existence. They nurtured you physically, emotionally, morally, and spiritually; without them, you could not have survived.

It is amazing that Islam uniquely connects acts that please Allah to acts that please one’s parents. There are more than fifteen places in the Qur’ān where the rights of parents have been stressed.

“And your Lord has decreed that you not worship except Him, and to parents, good treatment. Whether one or both of them reach old age [while] with you, say not to them [so much as], ‘uff’, and do not repel them but speak to them a noble word.” [Surah Al Isra]

Additionally, mothers have been given special attention in the Qur’ān and the Sunnah as they generally care the most for their offspring and are also the most emotionally attached to their children.

“And We have enjoined upon man [care] for his parents. His mother carried him, [increasing her] in weakness upon weakness, and his weaning is in two years. Be grateful to Me and to your parents; to Me is the [final] destination.” [Surah Luqman]

Similarly, when a man asked the Prophet SAW who amongst the people is most deserving of good treatment, he replied,

“Your mother, again your mother, again your mother, then your father, then your nearest relatives according to the order (of nearness).” [Muslim]

An expression of humbleness

Islam as a divine law, it acknowledges the fact that thanking parents is the logical and natural second step after thanking the Creator, to instil key qualities in human beings.

Thanking is an acknowledgment of achievements; a realisation of the favours which leads to love and care for others; a reflection of humbleness; and a transformation from individualism to co-operation and collaboration, due to acknowledgment of the interdependent nature of human beings.

And when we reflect on this, we realise that our ultimate dependence is to Allah, Who is free of any needs, independent and without any deficiency or reliance upon anyone in the least.

Thanking people

After thanking Allah, and then our parents, we need to recognise the importance of thanking people.

This is because Allah has decreed that every person, to some extent and at some point, will have to depend on others to achieve a desired outcome.

A believer recognises that all good comes from Allah. The kind and helpful actions of people that Allah facilitates for us through His grace are no exception.

This is why the Messenger of Allah SAW said, “Whoever does not thank people has not thanked Allah.” [Tirmidhi]

The Messenger of Allah SAW also said, “The most grateful of people to Allah are those who are most grateful to people.” [Tabrani]

Trials and tests

As promised by Allah, every human is tested at various junctures of life and each test is unique for each person.

We quite rightly associate tests with hardship, but it also needs to be remembered that Allah will test some people with ease. Perhaps, in some cases, this may well be a far greater test to overcome.

When living in abundance, it is common to take for granted what we have, or to forget where it came from. We may even grow arrogant and fall into a false sense of amazement at our own

“achievements”. Clearly, this is very dangerous territory.

As Ibn Abbas stated, every test contains three hidden blessings.

The first is that despite the calamity, one should be thankful that the situation is not worse than it could have been.

Secondly, shukr should be expressed that the tribulation related to worldly matters and not in matters of faith — which could have far more serious and lasting ramifications for a person’s Hereafter.

And lastly, shukr should be made if the tribulation was in this world and not the Hereafter, as such tribulations would be incomparably more difficult.

Allah says, “No-one besides Allah can rescue a soul from hardship.” [Surah Al Najm]

The psychology of gratitude

Numerous psychological studies have examined the brain’s reactions when giving and receiving thanks, as well as the positive emotional response we experience during these interactions.

Happiness and gratitude are strongly linked, and neuro-scientific studies have discovered that feeling gratitude triggers the release of dopamine and serotonin in the brain — two neurotransmitters that promote feelings of happiness and well-being.

Try and count your blessings

The Prophet SAW said, “Verily, Allah will put His servant to trial in what He gives him. Whoever is pleased with what Allah has apportioned for him, then Allah will bless him in it and expand it. Whoever is not pleased, he will never be blessed in it.” [Ahmad]

The reality is, no matter how much we thank Allah for His bounties, our praise will always fall short.

The mercy of Allah is endless. We will invariably fall short, even in the acknowledgement of these very blessings.

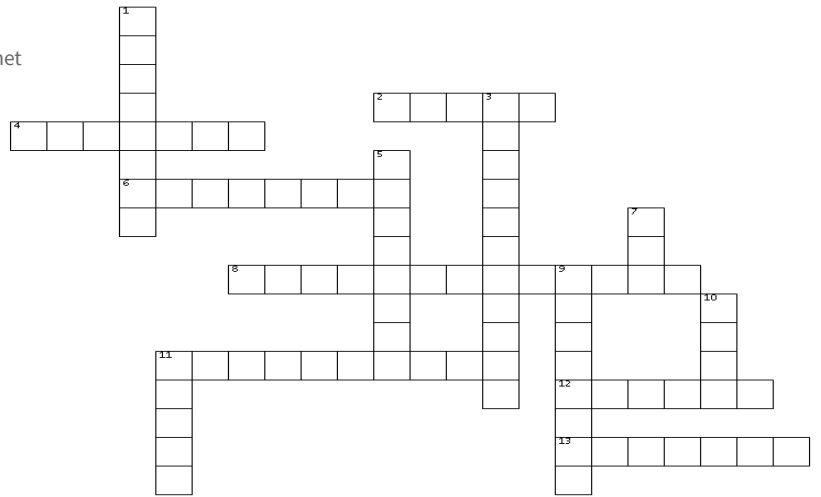
As Allah reminds us, “And if you should count the favours of Allah, you could not enumerate them. Indeed, Allah is Forgiving and Merciful.” [Surah Al Nahl]

Activity

Complete the crossword about the Seerah of the Prophet Muhammad (PBUH)

- ACROSS
- Age at the time of becoming a Prophet
 - City of migration
 - An uncle who supported him
 - Prophet's Grandfather
 - Age at the time of passing away
 - Prophet's Mother
 - First man to accept Islam

- DOWN
- Name of first wife
 - Number of years of prophethood
 - Prophet's Father
 - First child to accept Islam
 - An uncle who hated him
 - Place of the first revelation
 - Total number of children



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